

# Spine surgery?

## Get a 2nd opinion 1st

**Why? Because you may find out you don't need surgery after all.**

**D**o YOU need spine surgery? It can depend on the doctor you see. If you've been told you need spine surgery, the smartest move for you is to get a 2nd opinion 1st. Why bother? Because a 2nd opinion may reveal that you don't need spine surgery at all. Our practice specializes in minimally invasive spine surgery that shortens the incision, lessens pain and speeds return to activity. We receive complex spine problems from across the nation. We are the only spine program in Southern California to be included in SpineCenterNetwork.com, a national listing of credentialed spine centers. With an office in Newport Beach, consider us a convenient new option for your back or neck problem.



### PHYSICIAN PROFILE

Dr. Regan has an international reputation as an author of spine research, and is widely regarded as the pioneer in minimally invasive spine surgery including video-assisted surgery of the thoracic spine. Dr. Regan was one of the first four spine surgeons during the creation of the Texas Back Institute, which was the first and largest spine specialty clinic in the United States. Dr. Regan was then selected by Cedars-Sinai Medical Center to become Director of the new Cedars-Sinai Institute for Spinal Disorders. In 2005, Dr. Regan left Cedars-Sinai to create a busy private practice in Beverly Hills, CA. Dr. Regan completed fellowships in spine trauma at the prestigious A.O. International Hospital in Switzerland and at Johns Hopkins University Hospital in Baltimore.



### JOHN REGAN, MD

BOARD-CERTIFIED ORTHOPEDIC SURGEON, FELLOWSHIP-TRAINED SPINE SURGEON  
SPECIALIZING IN MINIMALLY INVASIVE SPINE SURGERY & MINI-SCOLIOSIS SURGERY



HAVE BACK OR NECK PAIN? Go to [SpineGroupBeverlyHills.com](http://SpineGroupBeverlyHills.com) to request our free 36-page Home Remedy Book that explains what symptoms mean, when to see a doctor and how special stretches can relieve back & neck pain.



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